

Qunch Menu

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All lunches Are served with 1% Milk 8oz. M

Peanuts!! Pork* Beef# Whey+ Soy\$ Wheat+ Corn> Milk@ Gluten^

ALL GRAINS ARE WHOLE GRAIN RICH

Monday	Tuesday	Wednesday	Thursday	Friday
		Popcorn Chicken +^% 1.5M .5 G Side Salad 1/2cup V Banana 1/2cup F	Bean & Cheese Burrito ^+\$@ 2M, 2 G Fresh Grapes 1/2 cup F Carrots 1/2 cup V	PIZZA FRIDAY! Cheese Pizza \$+^@ 1G 1.5M Side Salad 1 /2 cup V Tangerine .5 Cup F
TacoNada ^+@ 2 oz M, 2 oz G Side Salad 1 /2 cup V Frozen Fruit Bar 1/2 cup F	Pancake Breakfast Bowl \$%^+ (turkey sausage, eggs, pancake) 2M, 1G Celery Sticks 1/4 cup V Applesauce 1/2 cup F	Cheese enchiladas ^+\$@ 1.5M, 1.5G Side Salad 1 /2 cup V Apple Slices .5 Cup F	Chicken Nuggets \$^+@ 1.5M, .5G Banana 1/2 cup F Tater Tots 1 /2 cup V	PIZZA FRIDAY! Cheese Pizza \$+^@ 1G 1.5M Grape Tomatoes 1 /2 cup V Tangerine .5 Cup F
Popcorn Chicken +^% 1.5M .5 G Tater Tots 1 /2 cup V Diced Peaches 1/2 cup F	Chicken Patty on Whole Wheat bun %\$^+ 2 oz M 3oz G Carrots 1/4 cup V Applesauce 1/2 cup F	WG Chicken Double Dogs 1.5M, 1.5G Side Salad 1 /2 cup V Apple Slices .5 Cup F	Ravioli w/Marinara ^%@+ 1.5M, .5G Fresh Grapes 1/2 cup F Side Salad 1 /2 cup V	PIZZA FRIDAY! Cheese Pizza \$+^@ 1G 1.5M Carrots 1 /2 cup V Tangerine .5 Cup F
TacoNada ^+@ 2 oz M, 2 oz G Side Salad 1 /2 cup V Frozen Fruit Bar 1/2 cup F	UP\$IDE DOWN DAY! Waffle Breakfast Bowl (Turkey Sausage, waffle) %^+ 2M, 1G Applesauce 1/2 cup F Carrots 1 /4 cup V	Grilled Cheese Sandwich ^+@ 2 oz M, 1.5 oz G Side Salad 1/2 cup V Fruit Cocktail 1/2 cup F	Chicken Nuggets \$^+@ 1.5M, .5G Tater Tots 1 /2 cup V Apple Slices 1/2 cup F	PIZZA FRIDAY! Cheese Pizza \$+^@ 1G 1.5M Carrots 1 /2 cup V Tangerine .5 Cup F
Lasagna Roll up ^-@ 2 oz M, 2 oz G Side Salad 1 /2 cup V Diced Peaches 1/2 cup F	Turkey Hot Dog on WG Bun ^+ 2 oz M 1.75 oz G Tater Tots 1 /2 cup V Applesauce 1/2 cup F	Popcorn Chicken +^% 1.5M .5 G Side Salad 1/2cup V Banana 1/2cup F	Bean & Cheese Burrito ^+\$@ 2M, 2 G Fresh Grapes 1/2 cup F Carrots 1/2 cup V	PIZZA FRIDAY! Cheese Pizza \$+^@ 1G 1.5M Side Salad 1 /2 cup V Tangerine .5 Cup F